CHiAPRT
Centre for Health in All Policies Research Translation

ANNUAL
REPORT
2024

Centre Affiliated Partners

THE UNIVERSITY of ADELAIDE — School of Public Health

Government of South Australia — Office for Ageing Well

HEALTHY · ENVIRONMENTS · AND · LIVES — HEAL

THE CITY of Unley

Government of South Australia — Preventive Health SA

THE UNIVERSITY of ADELAIDE — Stretton Institute, Health Equity

CENTRE for SOCIAL IMPACT — Flinders University

Tasmanian Government

SACOSS — South Australian Council of Social Service

Government of South Australia — Office of the Commissioner for Public Sector Employment

Health Translation SA — > RESEARCH > ACTION > IMPACT

Flinders University — Rural and Remote Health SA

Project Partners

Water Research AUSTRALIA

World Health Organization

AIHS — Australian Institute of Health & Safety

M Q — Mining & Quarrying OCCUPATIONAL HEALTH & SAFETY COMMITTEE

Return to WorkSA

CITY OF Salisbury

IPAA SOUTH AUSTRALIA

IWA — the international water association

Global Network for Health in All Policies

AHRA — AUSTRALIAN HEALTH RESEARCH ALLIANCE

National Rural Health Alliance

University of Glasgow — VIA VERITAS VITA

CROAKEY HEALTH MEDIA

Message from CHiAPRT's Director, Associate Professor Carmel Williams

Welcome to the 2024 Annual Report from the Centre for Health in All Policies Research Translation (CHiAPRT). This year's Annual Report highlights the diverse range of activities and projects undertaken by the CHiAPRT team in collaboration with our valuable partners.

Last year saw CHiAPRT continue to expand its work in the prevention and public health field, covering issues such as the Digital Determinants of Health and the impact of social media on young people. The Centre's keen interest and commitment to trees and greenspace was rewarded, with the Centre successfully securing a University of Adelaide Fame Grant to work with South Australian local councils. The grant will increase knowledge on the true economic value of trees and greenspace. The Centre continues to work closely with the World Health Organization, building capacity for multisectoral action and supporting countries to implement and sustain Health in All Policies approaches.

A highlight in 2024 was the opportunity to develop a self-paced online course for health professionals on the Social Determinants of Health Equity. The course has been extremely well received with more than 4000 people enrolling globally since its launch in September 2024.

The Centre continues to work closely with the research, policy making, and practice communities to plan and deliver a diverse range of projects. These projects strengthen the use of evidence in policy, build system capacity, and create partnerships to deliver impact.

The Centre continued to support the research-policy-translation Community of Practice (CoP) and pleasingly, 2024 saw members volunteer to co-convene and facilitate the COP. The intention is to continue this approach throughout 2025. The COP brings together researchers, policy actors, and practitioners from diverse sectors and disciplines to explore and progress research translation knowledge and best practice.

Respectful partnerships underpin the Centre's approach, and the Annual Report provides a snapshot of the multiple partners engaged with the Centre's program of work.

The Centre is supported by a small but capable project team working hard to progress the Centre's priorities. It is pleasing to report that the team has expanded in 2024, with the Centre welcoming Mija Coad, Nadia Lai, and Clare Murphy to join Carmel and Yonatal. I want to thank the entire team for their dedication, professionalism and support.

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About CHiAPRT

The Centre for Health in All Policies Research Translation, based within Health Translation SA, SAHMRI and the School of Public Health University of Adelaide, has been established to work with policymakers and academics nationally, and at an international level, to increase research-policy translation so as to deliver improved public policy and lead to better health, wellbeing and equity outcomes.

The Centre works to strengthen the capacity for research translation across diverse public policy fields, such as housing, environment, employment, food, social support and the built environment, otherwise known as the underlying determinants of health, wellbeing and equity.

A small but dynamic team brings a diverse range of perspectives and disciplinary expertise to the Centre, continuously striving to further the Centre's aims and priorities.

CHiAPRT team, from left: Nadia, Carmel, Yonatal, Mija. Not pictured, Clare.

Ultimately, the Centre aims to create new knowledge at the interface of research and policy, strengthening and acting on existing knowledge. It then translates these learnings to the wider research and government sectors, including and beyond the health sector, at a national and international level.

Advisory Committee

The Advisory Committee provides strategic advice and guidance to CHiAPRT and helps inform and shape CHiAPRT's strategic directions and work plans. The Members of the Advisory Committee work to ensure that CHiAPRT engages widely and that the work of CHiAPRT is informed by, and remains relevant to, its partners and key stakeholders.

Chair: Wendy Keech - Health Translation SA
- Associate Professor Carmel Williams - CHiAPRT
- Professor Tracy Merlin - University of Adelaide
- Dr Clare Hume - University of Adelaide
- Professor Ian Goodwin-Smith - Flinders University SA
- Ms Kirsty Delguste - Office for Ageing Well
- Ms Marina Bowshall - Preventive Health SA
- Professor James Smith - Flinders University NT
- Professor Sotiris Vardoulakis - HEAL Network
    - Associate Professor Adi Vyas - HEAL Network
- Ms Bev O'Brien - City of Unley
- Professor Fran Baum - University of Adelaide
- Ms Julie Williams - Department of Public Health, Tasmania
- Ms Erma Ranieri - Commissioner for Public Sector Employment
    - Mr Sonny Lee - Principal Advisor, OCPSE
- Mr Ross Womersley - SACOSS

Strategic Direction

Vision

Collaborative, multisectoral policy approaches are recognised by the research community and the public sector as an essential approach to enable delivery of healthy public policy and equitable health and wellbeing outcomes.

Aim

The Centre for Health in All Policies Research Translation aims to promote positive public policy and societal outcomes by advocating for multisectoral action (especially Health in All Policies) and building capacity for the translation of research into policy and practice.

It aims to do this through strengthening research-policy practice, building capacity, and fostering collaborative action locally, nationally, and internationally.

CHiAPRT
Centre for Health in All Policies
Research Translation

Strategic Objectives

1 GENERATE AND SYNTHESISE KNOWLEDGE ON RESEARCH – POLICY TRANSLATION ON RELEVANT PUBLIC POLICY

2 TRANSLATE KNOWLEDGE AND EVIDENCE ON DETERMINANTS OF HEALTH, WELLBEING AND EQUITY INTO POLICY AND PRACTICE

3 BUILD CAPABILITY FOR RESEARCH – POLICY COLLABORATION, AND ACTION ON DETERMINANTS OF HEALTH AND HEALTH EQUITY, WITHIN THE RESEARCH AND POLICY MAKING COMMUNITIES

4 ESTABLISH AND MAINTAIN PARTNERSHIPS

5 PROMOTE EMERGING SOCIAL AND HEALTH ISSUES ONTO THE POLICY AND RESEARCH AGENDA - AGENDA SETTING -

Key Impacts and Outcomes of 2024

The Centre for Health in All Policies Research Translation (CHiAPRT) has a focus on improving public policy and community outcomes through strengthening research, policy, and practice, building capacity, and fostering collaborative action.

Social Determinants of Health Equity, Urban Governance for Health and Wellbeing and Health in All Policies

In 2024, CHiAPRT continued its global partnerships with the World Health Organization, and the Global Network for Health in All Policies.

- In collaboration with the World Health Organization, CHiAPRT developed a new online self-paced course on the social determinants of health: _The Social Determinants of Health: Concepts and Evidence_. The Online Course, included on the **prestigious WHO Academy Platform, has seen 4,000 people register** to undertake the course, **increasing their knowledge, understanding and capacity to act on the Social Determinants of Health.**
- CHiAPRT undertook research and a scoping review to inform phase two of the 8 year WHO Urban Governance for Health and Wellbeing Initiative – working with 7 cities to improve the health and wellbeing of their people, **using multisectoral action such as Health in All Policies, community engagement, capacity building, and working across levels of government.**

- In partnership with Global Network for Health in All Policies, CHiAPRT **produced a series of accessible and user-friendly fact sheets** on Health in All Policies and social determinants of health.
- **Built capacity for Preventive Health SA workforce** to act on the social determinants of health, health equity and to apply Health in All Policies approach.

The translation of research into policy and practice

The Centre continues to work on projects that supports the translation of research and evidence into policy, practice, and impact.

- In 2024, as part of CHiAPRT's ongoing collaborative effort to define the true economic value of trees and greenspaces, the Centre and its local government partners co-designed realistic economic scenarios as part of the University of Adelaide FAME Grant. The scenarios will **enable the true economic value of trees and greenspace to be defined.**
- The FAME Grant has generated interest in CHiAPRT's work on trees and greenspace, with **six local governments across South Australia and Victoria committing to partnering** with CHiAPRT in 2024 and beyond.
- **Delivered the 2024 Research-Policy Partnerships Masterclass,** designed to increase researchers and policy actors' capacity to collaborate and deliver policy relevant research and impact.
- S**uccessful in NHMRC Synergy Grant-** STAUNCH - to investigate Indigenous Nation Building and the development of an Indigenous Health in All Policies Model.
- **Facilitated the Research-Policy-Practice Translation Community of Practice**. In 2024 CHiAPRT supported the CoP and its network of researchers, policy actors and practitioners that aims to support the translation of research into policy, practice, and on the ground impact.

The Digital Determinants of Health and Young People

In collaboration with Preventive Health SA (PHSA), CHiAPRT investigated the impact of the Digital Determinants of Health and social media on young people.

- In April, CHiAPRT coordinated Professor Ilona Kickbusch's Adelaide visit. During her visit, Professor Kickbusch proposed a ban on social media for children and young people. She was one of the first people to suggest this public health approach. Following her visit, both the South Australian and Federal Governments investigated and subsequentially implemented **a national ban on social media for children and young people under 16 years of age**.
- Building on Professor Kickbusch's visit and in partnership with Preventive Health SA, **CHiAPRT undertook a State-of-the-Art Review on the impact of Digital Determinants of Health and social media on the health and wellbeing of young people** – providing an up to date and comprehensive evidence base.
- To support action to promote and protect the mental health and wellbeing of young people, CHiAPRT (in partnership with PHSA) investigated and developed an Indicator Dashboard to track the Mental Health and Wellbeing of South Australia's young people.

Ageing Well

The successful collaborative partnership between the Office for Ageing Well and CHiAPRT continued in 2024. The key impacts are summarised below:

- CHiAPRT worked closely with the Office for Ageing Well to develop **a new grant program: Ageing Well Impact Grants**. The Impact Grant program has been designed to encourage researchers to investigate the research questions outlined in the Ageing Well Strategic Research Agenda and to engage early with critical stakeholders such as policy actors, practitioners, and community members. **CHiAPRT has supported the Implementation of Rounds 1 and 2 of the Ageing Well Impact Grants.**

- **Implemented Ageing Well Learning Labs** to support the researchers, policy makers, and practitioners to successfully implement the principles and research priorities of the Strategic Research Agenda for Ageing Well.
- Generated additional interest in the determinants of ageing well within the research community, the government, and the wider community.

Healthy Environment and Lives (HEAL) Network

CHiAPRT leads the research translation theme of the NHMRC Grant Funded HEAL Network. This work has led to:

- **Increased knowledge and understanding of the Healthy Environment and Lives (HEAL) Network Members** approach to translation of research into policy and practice.
- **Secured a HEAL Innovation Grant** to investigate how best to cast an Indigenous lens to the Health in All Policies 4 Pillars Model.
- The development of **a best practice case study compendium documenting the research translation strategies** used within the HEAL Network.
- Promoted the importance of research to policy translation at the **2024 HEAL National Conference.**

Agenda Setting

Agenda setting is one of CHiAPRT's objectives. The below points summarise the Centre's activities and impacts.

- **Developed the 'Challenging Economic Assumptions' Podcast** in collaboration with Professor Gerry McCartney from Glasgow University. In 2024 six guests participated in the podcasts, receiving over 700 listens.
- **Two In Conversation Roundtable Webinars convened**, elevating the profile of two emerging population health issues with the international health promotion and public health communities. The issues include the *Politics of Water* and *Diverse Perspectives, One Solution: The Journey to Ban Engineered Stone*.

Digital Determinants of Health

Society is experiencing a profound digital transformation; billions of people worldwide rely on digital platforms for social interaction, accessing services, shopping, entertainment, education, and work. This has sparked growing calls to treat digital factors as a new category of determinants of health and wellbeing. These determinants, also known as the digital determinants of health, encompass the direct and indirect pathways in which digital factors influence health, well-being, and health equity.

The world and social media

Ilona Kickbusch Objective 3 Objective 5

In April 2024, Adelaide was privileged to host Professor Ilona Kickbusch, an internationally renowned public health and health promotion expert. During her visit, Professor Kickbusch shared her expertise on how societies can navigate many of the global societal trends underway, including the digital transition. She drew attention to the impact of these trends on health, wellbeing, and equity and presented several strategies to prevent and minimise any potential negative impacts on population health. One of the strategies, proposed during her visit – was the proposition to raise the age of access to social media for children and young people.

She reminded the audiences that this strategy is not unfamiliar, and one previously used to tackle otherharms to public health, such as limiting children and young people's access to tobacco and alcohol. Professor Kickbusch was delighted to learn that Australia would be the first nation globally to ban access to social media for children under 16 years old. This was an unexpected but rewarding impact from her visit.

Professor Kickbusch shared her knowledge and expertise during several events and meetings. The events included:

- *Public Lecture:* Healthier Societies: laying the pathway for change: The public lecture addressed the challenges associate with building Healthier Societies across local and global spheres. The Public Lecture draw a large and diverse audience from the public sector, community sector, academia and citizens.
- *A Forum:* Navigating the Societal Digital Transformation: How do we futureproof our health and social systems. Professor Kickbusch responded to the question, how does the digital transformation impact the health and wellbeing of individuals and communities, and what role do our health services and social systems play? She was joined by a high-level Panel of South Australian senior decision makers, who reflected on these issues and provided a South Australian perspective during the Forum.

Professor Kickbusch's visit was a collaborative effort between School of Public Health, University of Adelaide; Preventive Health SA; and the Centre for Health in All Policies Research Translation. The three agencies are committed to advancing the health, wellbeing and equity of South Australians.

Professor Ilona Kickbusch

Gathering the Evidence to guide action on the Digital Determinants of Health

Objective 1

The Centre for Health in All Policies Research Translation (CHiAPRT) has been collaborating with Preventive Health SA (PHSA) to develop a deeper understanding on the role of the digital determinants of health, and in particular the impact of social media on the mental health and wellbeing of young people.

The work focused on synthesising the evidence and producing a series of resources that describe the current evidence, severity of the issue and identify potential areas for future intervention. In addition, CHiAPRT was invited to develop an evidence-supported indicator-framework and dashboard to guide interventions that promote mental health and wellbeing of South Australia's young people. This collaboration led to the production of three useful new evidence resources to help understand the impact of the digital transition on health and wellbeing and to help guide future strategies and actions.

In August 2024, the CHiAPRT team responsible for the development of the three resources also published an editorial in the Health Promotion Journal of Australia: "_Digital Determinants of Health: Future Proofing the health promotion community to navigate the societal digital transformation_" .

The three evidence resources are:

- _The Impact of social media on Young People's Health: An Evidence Summary_. The Evidence Summary examines the digital determinants of health, specifically addressing the impact of social media on the health of young people. It provides a brief overview of the evidence, highlights key issues, and identifies policy and program opportunities that can be explored.

- _A state-of-the-art review on the health impacts of social media use on young people_. The State-of-the-Art Review provides a more thorough review of the national and international evidence and best practice action to mitigate the negative impacts of social media use on the mental health and wellbeing of children and young people.

- _Mental Health and Wellbeing of Young People in South Australia: A Dashboard of Indicators._ The Report investigates the development of Dashboard of Mental Health and Wellbeing Indicators to monitor the mental health and wellbeing of the young people in South Australia. The Dashboard is intended once operational to help to guide PHSA in the development and targeting of prevention strategies and interventions that will protect and promote the mental health and wellbeing of South's Australia's young people.

Publication

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Ageing Well in South Australia

Strategic Research Agenda for Ageing Well in South Australia

Since 2021, the Centre for Health in All Policies Research Translation (CHiAPRT) in partnership with the Office for Ageing Well has taken a strategic approach to generating new knowledge on the social and structural determinants of ageing well through supporting research that is relevant to policy, practice, and is valued by the community.

This included the development and launch of the Strategic Research Agenda for Ageing Well in South Australia (SRA). An early action of the SRA was the creation of a new grants program, Impact Research Grants for Ageing Well (Impact Research Grants). Launched in February 2023, the Impact Research Grants encourage independent research to generate new evidence and build knowledge to help address the factors involved with ageing well.

Between September 2022 and July 2024, CHiAPRT worked closely with Office for Ageing Well to develop and implement the Impact Research Grants and the associated capacity building to support knowledge translation for the Impact Research Grant recipients, known as the Ageing Well Learning Labs.
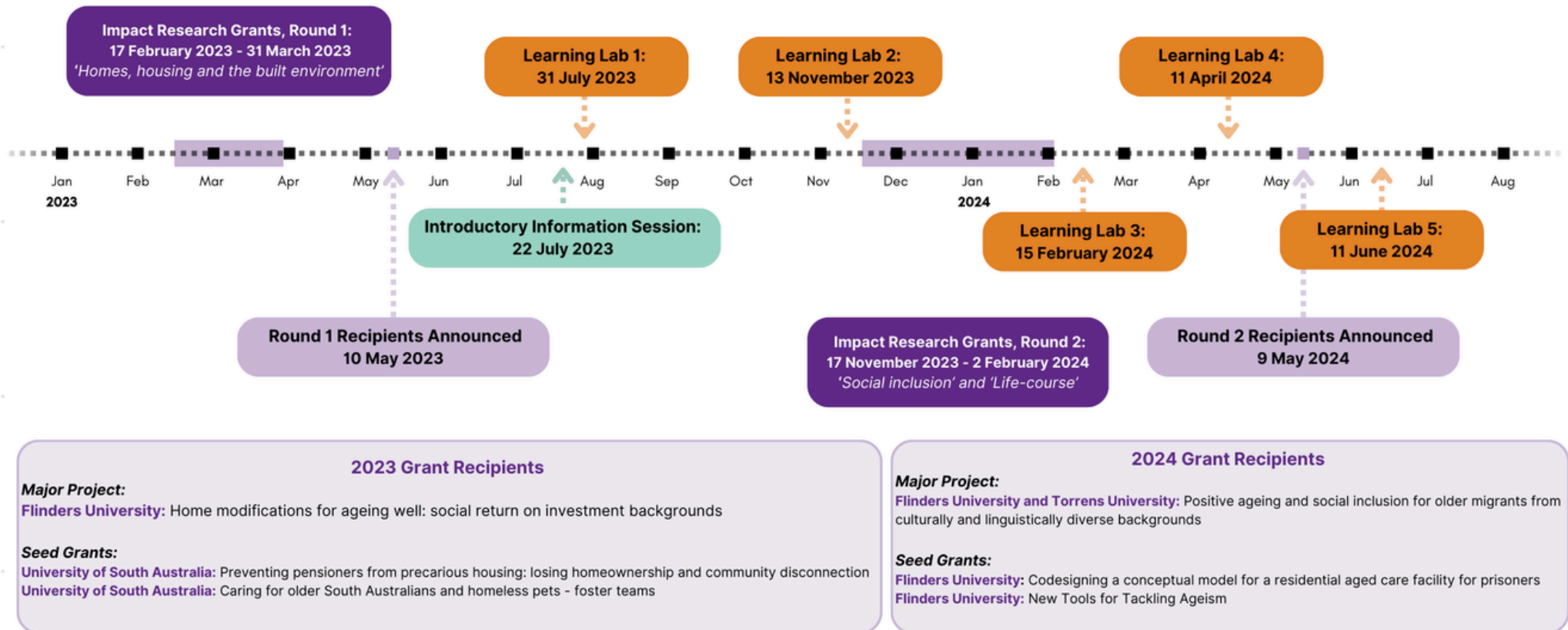
Learning Lab Series   Objective 3

The Ageing Well Learning Labs Capacity Building series was run as 5 workshops between July 2023 and June 2024 and aimed to engage, connect, and support Impact Grant recipients in their knowledge translation and co-production efforts. The series was open to all grant recipients, their partners, and other interested ageing well stakeholders, and covered topics agreed upon and co-designed during Learning Lab 1.

Learning Lab 5 attendees

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Ageing Well Timeline

Impact Research Grants, Round 1:
17 February 2023 - 31 March 2023
'Homes, housing and the built environment'

Learning Lab 1:
31 July 2023

Learning Lab 2:
13 November 2023

Learning Lab 4:
11 April 2024

Introductory Information Session:
22 July 2023

Learning Lab 3:
15 February 2024

Learning Lab 5:
11 June 2024

Jan 2023 | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec | Jan 2024 | Feb | Mar | Apr | May | Jun | Jul | Aug

Round 1 Recipients Announced
10 May 2023

Impact Research Grants, Round 2:
17 November 2023 - 2 February 2024
'Social inclusion' and 'Life-course'

Round 2 Recipients Announced
9 May 2024

2023 Grant Recipients

Major Project:
Flinders University: Home modifications for ageing well: social return on investment backgrounds

Seed Grants:
University of South Australia: Preventing pensioners from precarious housing: losing homeownership and community disconnection
University of South Australia: Caring for older South Australians and homeless pets - foster teams

2024 Grant Recipients

Major Project:
Flinders University and Torrens University: Positive ageing and social inclusion for older migrants from culturally and linguistically diverse backgrounds

Seed Grants:
Flinders University: Codesigning a conceptual model for a residential aged care facility for prisoners
Flinders University: New Tools for Tackling Ageism

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Guidebook

In collaboration with the Ageing Well team, in 2024 CHiAPRT developed a knowledge translation guidebook titled '*From Research to Impact: Delivering practical outcomes through research engagement - A guidebook for ageing well researchers, policymakers, and practitioners*'. Co-authored by A/Prof Carmel WIlliams and Dr Tahna Pettman, this resource was created to respond to the needs of researchers and their partners and support them with their research translation aims.

Based on Learning Lab content, participant feedback, and workshop evaluations, the guidebook acts as a resource for integrating knowledge translation and engagement in research.

The guidebook is split into seven sections for easy web navigation, and contains information, tools, and templates to guide researchers on how to engage stakeholders and use knowledge translation to increase the relevance, usefulness, and impact of their research.

The guidebook is planned to be released in early 2025.

Guidebook

From Research to Impact: Delivering practical outcomes through research engagement

A guidebook for ageing well researchers, policymakers, and practitioners

Version 1 January 2025

CHiAPRT — Centre for Health in All Policies Research Translation

Government of South Australia — Office for Ageing Well

CHiAPRT Ageing Well Research Translation Guidebook

Greenspace and Trees

FAME Grant ● Objective 1 ● Objective 4

FAME Sustainability Grant January 2024 – June 2025

From Cost to Value: Novel Decision-Making Tools for Harnessing Sustainable Economic Benefits of Trees and Greenspaces in Urban Planning

Project leads:
1. Associate Professor Carmel Williams (School of Public Health), University of Adelaide, FHMS
2. Professor Veronica Soebarto (Architecture and Civil Engineering), University of Adelaide, SET
3. Dr John Kandulu (School of Economics and Public Policy), University of Adelaide, ABLE
4. Dr Yonatal Tefera (School of Public Health), University of Adelaide, FHMS

Research officer: Nadia Lai, CHiAPRT

Local Government Partners: City of Unley and City of Salisbury

Despite strong evidence demonstrating the remarkable health and environmental benefits of trees and greenspaces, current urban planning decision-making processes fail to incorporate the true economic value of these benefits. Instead, the existing system disproportionately relies on financial models that undervalue trees and greenspaces, mischaracterising them as liabilities and facilitating their removal – leading to an alarming decline in greenspace coverage across Australian cities.

This project aims to address this challenge by developing innovative decision support resources that accurately reflect the economic value of trees and greenspaces. The eighteen-month project works closely with the Cities of Unley and Salisbury to identify common decision-making processes and key leverage points for better integration of greenspace economic considerations.

An integral part of the project's methodology is the use of co-design and co-production processes throughout each phase of the project. By working with local councils in a co-design process, the project is tailored to the local circumstances, needs, and development goals.

Greenspace and trees

The HEAL Network

HEAL Network

The HEAL Network is a joint collective of 100 investigators and over 30 organisations from across Australia. This collective includes government, health, and environmental authorities, health sector organisations, Indigenous organisations, and data providers.

The HEAL Network focuses on bridging the gap between knowledge and action by integrating Aboriginal and Torres Strait Islander wisdom, sustainable development, epidemiology, and data science to address environmental and climate change impacts on health.

CHiAPRT leads the research-policy translation program on behalf of the HEAL Network, and has worked with the project leadership team as one of the chief investigators and has led the development of a Research, Translation, and Implementation Strategy to inform and guide the work of the Network.

Research Translation Implementation (RTI) Standing Committee

Objective 2

Objective 5

CHiAPRT continues to coordinate the activities of the HEAL Network Research Translation Implementation (RTI) Standing Committee.

The purpose of the committee is to facilitate the implementation of the HEAL Network RT strategy, and to uphold its underpinning principles and actions.

The committee is composed of researchers and policy makers across multiple organisations and universities in Australia, and meets every month to discuss projects and activities that inform and guide research translation across the HEAL Network.

In 2024, the committee, under the leadership of the CHiAPRT team, has three main projects:
- the HEAL Network partnership survey,
- the HEAL Network research translation case studies, and
- the HEAL Network social analysis.

In 2025, the committee will continue its work to finalise these projects and coordinate new initiatives that will be identified through the strategic planning meeting schedule for early 2025. With ongoing and new initiatives, the committee will guide the HEAL Network to achieve it's vision of catalysing research, knowledge exchange and translation into policy and practice.

HEAL Research-Policy Translation Compendium

To support the HEAL Network to deliver policy relevant and impactful research, a call for examples of research-policy translation case studies was issued in early 2024. The final case studies will be included in a Compendium and provide best practice examples of research-policy translation operations across the HEAL Network.

Following the call, twelve case studies were submitted for review by the HEAL Research Translation Implementation Standing Committee and of those six met the criteria for inclusion in the Compendium.

The selected case studies emphasise key aspects of effective Research-Policy translation as identified within the HEAL Networks' *'Research translation, implementation and impact Strategy'.* This includes communication, collaboration, trust and partnership building, co-design with stakeholders and communities, and capacity building.

The compendium will also:
- Amplify the impact of research by sharing success stories and innovative solutions to a broad audience.
- Help the HEAL member(s) gain recognition, as select examples will be featured across the HEAL Network platform.

- Improve the standards for Research-Policy-Practice Translation and ensure that the work of researchers has effective on the ground impact and application.
- Strengthen the HEAL Network community through sharing research and methods of Research-Policy-Practice Translation.

The Compendium is under development and will be available to HEAL Network members and beyond in early 2025.

Social Network Analysis

A key factor in achieving HEAL's vision and objectives lies in the strength of relationships between HEAL researchers and policy actors, as well as the collaboration among researchers from various disciplines.

To ensure the continued success and sustainability of the HEAL Network, a social network analysis is underway. This project aims to analyse the key connections among HEAL researchers from multiple disciplines as well as between HEAL researchers and policy actors to identify opportunities that can enhance research translation and foster interdisciplinary collaboration within the network.

This analysis will enhance the Network's credibility by showcasing the strength of HEAL's collaborative nature and providing a visual representation of its structure, relationships, and efforts. It will also identify any issues or gaps in the Network, uncover opportunities for capacity building to strengthen the Network, and develop objective indicators of success that can be used to evaluate HEAL's impact.

A report will be available in 2025.

HEAL Conference `● Objective 3` `● Objective 4`

From the 26th-28th of November 2024, the HEAL Network hosted its annual conference. Themed around '*Healing with Country for a Sustainable Future for Everyone*', the conference focused on key health, climate, and environmental challenges experienced both locally in Australia and globally.

Held in a hybrid format across eight regional nodes and a range of virtual hubs, the conference facilitated connection across geographical and logistical barriers. With over a hundred different speakers and 40 panelists, a diverse range of topics were raised and discussed.

Yonatal Tefera's presentations:
- 'Strengthening research translation within the HEAL Network: Preliminary findings and insights'

Carmel Williams' presentations:
- 'Environmental Health Research Translation Case Studies - Context'
- 'Research impact and the role of policy and partnerships'
- [Panelist] 'Building Researcher Capacity for the Triple Planetary Crisis'

HEAL Future Leaders School `● Objective 3` `● Objective 4`

Held during the first week of June, the inaugural HEAL Future Leaders School was held in Canberra. Aimed at early- to mid-career researchers, the school is intended to strengthen inter-disciplinary research capabilities and research-policy translation and communication. This involves an intensive one-week program of lectures, case studies, site visits, and networking, with more than 35 researchers from across Australia attending and a range of specialists presenting.

CHiAPRT's Director, A/Prof Carmel Williams co-developed the 2024 HEAL Future Leaders School course program and presented facilitated a session on research-policy partnerships, while Dr Yonatal Tefera attended as an early-mid career researcher.

Dr Tefera felt that the opportunity to meet with early career researchers from diverse disciplinary and cultural backgrounds was invaluable and the highlight of his trip. Having such consideration given to cultivating a diverse and healthy culture and environment shows the HEAL Network core teams' devotion to promoting diversity, and is something that CHiAPRT values immensely.

Early-mid career researchers at the HEAL Future Leaders School Canberra, June 2024

Dr Yonatal Tefera right of middle, checkered coat

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Health in All Policies

Objective 3

WHO Social Determinants of Health Equity Online Course

All types of health workers - policy makers, front-line managers, and clinicians - can improve their work for health equity through acquiring knowledge on the social determinants of health.

Developed in collaboration with the World Health Organization, the 'Social Determinants of Health Equity: concepts and evidence' short course gives participants a broad understanding of the concept of "health" as social well-being, and the role of social determinants of health. By increasing understanding of how social and economic inequalities drive health outcomes and specifically, health inequities, and explaining the policy action needed to keep people healthy, a broader audience of health actors will be empowered to apply key concepts in their everyday work.

The course aims to help health workers and actors

Course

understand:
- Why the social determinants of health are important from differing perspectives
- The general evidence on how the social determinants of health are amenable to change and the implications of these changes
- The most recent recommendations and the evidence on the need for action, and on what actions are feasible for health care actors to take.

At the end of 2024, the course had over 4000 entrants.

Rio de Janeiro Meeting

Objective 3
Objective 4

Hosted by the Pan American Health Organization (PAHO), the Experts Meeting for the Development of Monitoring and Evaluation Framework for Intersectoral Action for Health Equity was held in Rio de Janiero, Brazil from the 2nd-4th of December 2024.

The event provides an opportunity for the member nations of PAHO to gather and share experiences and practices of intersectoriality and health equity alongside discussions of monitoring and evaluation methodologies and systems.

Carmel Williams, as CHiAPRT's and South Australia's representative at the meeting, gave two presentations at the conference:
- *Monitoring Health in All Policies Initiatives: Lessons from local and global efforts*
- *Evaluating the impact of Health in All Policies initiatives: the South Australian experience*

Indigenous Nation Building Project

Objective 1

Announced in 2024, CHiAPRT will work alongside Professor Veronica Matthews from the University of Sydney and First Nations researchers as part of the recently announced NHMRC Synergy Grants: Stronger Together As Unified Nations for Community-led Health (STAUNCH) team.

STAUNCH will strengthen First Nation's capacity for self-governance and prepare policymakers for new relationship-based approaches focused on collaborative health solutions that deal with intersecting social, political, economic, and environmental challenges.

The project will generate new evidence on Indigenous Nation Building processes centred on health and wellbeing solutions that deal with intersecting social, political, economic, and environmental challenges collaboratively and effectively.

Alongside the focus on Indigenous Nation Building, the Project will work with First Nation knowledge holders to adapt the WHO Health in All Policies 4 Pillars Model to reflect Aboriginal ways of knowing, being, and doing.

This will be the first time that Health in All Policies has been considered through an Indigenous lens, and will further the development and promotion of holistic care models both in Australia and internationally.

STAUNCH Framework

HiAP Factsheets

Objective 3

In 2024, CHiAPRT established a series of fact sheets to make complex concepts and topics more accessible, such as:

- Health in All Policies
- Social Determinants of Health Equity
- Multisectoral Action and Public Policy

These fact sheets are available on the CHiAPRT website and complement other CHiAPRT skill development resources.

The first in the series, the 4 Pillars Model of Health in All Policies fact sheet breaks down the framework in accessible terminology and visuals, and it was extremely well received when it was released publicly.

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Urban Governance for Health and Wellbeing

The Urban Governance for health, equity, and wellbeing initiative seeks to support actions at the local level to promote good urban governance for health and wellbeing and community engagement, especially in rapidly urbanizing and high-density cities.

In 2024 the Centre continued the collaborative partnership, with the WHO's Enhance Well-being Team leading the Urban Governance for Health and Wellbeing Initiative.

The work included two related but distinct projects:
- a scoping review
- a self-assessment tool

URBAN GOVERNANCE
for Health & Wellbeing

Scoping Review

Objective 1

The scoping review examined and synthesized the published literature to gain insights into the key features, principles, and attributes underpinning effective local multisectoral action and civic engagement initiatives in the context of urban governance for health, wellbeing, and equity.

Multisectoral action and civic engagement play pivotal roles in fostering good urban governance for health, wellbeing, and equity. Despite their recognized importance, there is a gap in understanding the nuanced levers that shape the translation of these approaches into impactful urban governance initiatives to improve health, wellbeing, and equity at the local level.

Identifying the key levers that contribute to the success of multisectoral action and civic engagement, especially at the local level, is essential to improve health, wellbeing, and equity outcomes in cities.

The review identified four core features:
- UGHW initiatives in developing countries are under-represented in the literature

- Leadership and political will; governance structures; funding, and resource allocation had the biggest influence on multisectoral action
- Civic engagement in UGHW involves empowering engagement, establishing and legally recognising community-based organisational structures, pragmatic and adaptable approaches to community engagement tailored to local contexts, and building on existing community assets
- Many of the UGHW initiatives have not been evaluated comprehensively, and there are gaps in the evidence base.

The findings of this scoping review are to be summarised into a publication.

Self-Assessment Tool ● Objective 3

The self-assessment tool for urban governance will support the cities involved in the UGHW initiative to assess their progress. The tool has been developed to also be useful for other cities not part of the UGHW initiative.

The tool examines the progress of each cities multisectoral and community participatory mechanisms, capacity building across the city, and the development of multi-level coordination mechanisms between local and national government. It incorporates key principles of good urban governance for health and well-being, such as equity, accountability, effectiveness, and participation.

The objectives of the self-assessment tool are to:
- Systematically assess urban governance for health and well-being, in particularly multisectoral and community participatory mechanisms, capabilities building and multi-level coordination;
- Provide a baseline on UGHW for each project site in Phase 2 and to use this as a monitoring tool; and
- Use information collected to inform development of the global policy document on urban governance for health and well-being

The self-assessment tool has been developed working closely with the cities and regions participating in the UGHW initiative. It is planned that cities will implement the self-assessment in mid 2025.

Map of UGHW member cities

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Building Capacity for Collaborative Action

2025 Humanitix

More Info

2024 Masterclass

Objective 3   Objective 4

2024 Masterclass Participants

Held annually, the Maximising Impact from Research-Policy Partnerships Masterclass is a valuable opportunity for developing connections and skills.

The masterclass is an interactive face-to-face short course for researchers, academics, policy actors, and practitioners focusing on developing skills and expertise in collaboration or research-to-policy translation. The masterclass uses a

learning-by-doing approach in the form of lectures, small group work, self-reflection, group discussion, and feedback from participants.

In 2024, the masterclass was held across three modules on the 12th, 13th, and 30th of August, and it received glowing praise from the attendees and everyone who was involved.

A wide range of highly qualified experts were involved in the masterclass, with guest lectures and presentations being integrated throughout the course:
- *[Facilitator]* Associate Professor Carmel Williams
- Professor Adam Graycar
- Associate Professor Lynne Giles
- Professor Fran Baum
- Dr Tahna Pettman
- Professor Jacqualine Bowden
- Dr Richard McGrath
- Nathan Harrison

Masterclass Testimonies

"Attending the Research-Policy Partnerships Masterclass organized by CHiAPRT was incredibly informative and provided valuable insights from the perspectives of policy makers. The case studies on various topics sparked engaging discussions among participants from diverse backgrounds.

Beyond networking, the Masterclass showcased the complexities and intricacies of policy making, which was particularly enlightening for me as a researcher. I would highly recommend this Masterclass to anyone seeking to bridge the gap between research and policy."

Gokhan Cildir | Research Fellow, Centre for Cancer Biology/UniSA | The Hospital Research Foundation (THRF) Fellow

"I highly recommend the Research-Policy Partnerships Masterclass, facilitated by Carmel at CHiAPRT. Although I have experience working with policy-actors, I realised there is still much to learn about effectively engaging with policy-makers, understanding their perspectives and the processes they navigate, and ultimately building successful partnerships.

The masterclass brought together a diverse mix of researchers and policy-makers, offering valuable opportunities to learn from others and network. I also thoroughly enjoyed Carmel's interactive and engaging delivery style and different mix of presenters and activities offered during the masterclass.

Overall, I highly recommend this masterclass to both researchers and policy-makers."

Sahar Faghidno | Research Assistant | Centre for Social Impact (CSI) Flinders | College of Business, Government & Law | Flinders University

Research-to-Policy Translation Online Course

Objective 3

In today's rapidly evolving global landscape, effective communication and translation of research findings into actionable policy initiatives is crucial for addressing societal challenges. *Research to Policy Translation: Bridging the Gap* is a comprehensive online course designed to equip participants with the knowledge, skills, and strategies necessary to navigate the complex process of translating research into policy and practice.

Developed to support shared knowledge and skills development among researchers, policy actors, and practitioners, the course covers definitions, principles and approaches relevant to research translation and implementation. It aims to develop a common and shared understanding of the range of strategies, processes and skills required.

A self-paced online course delivered over six modules, the course:
- Is introductory in nature
- Provides a foundation for research translation and implementation capacity development among researchers, policy actors, and practitioners
- Supports knowledge development in relation to core research translation and implementation principles, skills, and practices
- Is relevant to a broad range of disciplines that address major health, wellbeing, and social challenges

Course Modules:

1. Foundations of Research to Policy Translation
2. The Research-Policy Nexus
3. Building Research-Policy Partnerships
4. Translation Strategies, Tools and Skills
5. Communicating for Impact
6. Developing a Knowledge Translation Plan

Course Objectives:

The Research-Policy Nexus
Explore the interplay between research and policy domains

Policy Contexts
Learn to assess the political, social, economic, and cultural contexts that influence research and policy

Effective Communication
Develop proficiency in communicating research findings to diverse audiences

Evidence-Based Policy Making
Examine the principles and practices of evidence-based policy making

Stakeholder Engagement and Collaboration
Explore strategies for engaging with stakeholders, building partnerships, and fostering collaboration

Ethical and Legal Considerations
Discuss ethical and legal considerations related to research-to-policy translation

Case Studies and Best Practice
Analyse real-world case studies and best practices from diverse policy domains

Policy Advocacy
Learn how to effectively advocate for policy change and influence decision-making processes

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Community of Practice

Objective 3
Objective 4
Objective 5

The Research-Policy Translation Community of Practice, launched in November 2023, provides the opportunity and space for researchers, policy actors, and practitioners across sectors and disciplines to develop collaborative partnerships that promote timely and effective integration of evidence into policy and practice.
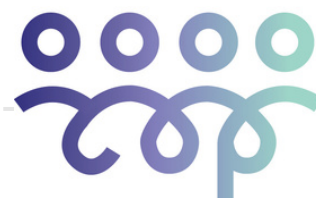
The COP provides members with opportunities to:
- Make connections with colleagues with related interests and expertise,
- Collaborate at all stages of the research-policy-practice process, and
- Develop research translation knowledge and skills.

The membership includes:
- Researchers/academics at all levels – from universities and other research institutions,
- Policy actors from government and non-government settings/organisations, and
- Practitioners who are working to implement evidence-based policy (for example, service providers).

The CoP met quarterly in 2024, with each session led and facilitated by different group members. Quarterly sessions will continue throughout 2025. A LinkedIn account has been established to support communication between members and the group is working on a position statement to support its advocacy efforts.

Community of Practice Research-Policy Translation

Preventive Health SA Collaboration

Objective 3   Objective 4

The Centre partnered with Preventive Health SA (PHSA) to support PHSA staff to build capability to act on the social determinants of health and health equity. The collaboration included a particular focus on Health in All Policies and strategies for working across sectors and systems. PHSA is a newly established preventive health agency and leads prevention action for the South Australian government and community.

The capacity building series was developed in close collaboration with key personnel in PHSA, and covered critical health promotion and prevention topics designed to support PHSA in achieving its mandate and priorities. The first two sessions were run in October 2024, with the third workshop scheduled for February 2025.
- The Social Determinants of Health and Prevention: What they are and why they matter
- Health in All Policies and Partnerships
- Healthy Urban Environments – to be delivered in February 2025

Setting the Public Health Agenda

Challenging Economic Assumptions Podcast

Objective 3

Objective 5

Economic theory underpins the actions of governments and the business community alike. The values, assumptions, and models that sit behind economics drive the allocation of budgets, regulatory, and tax regimes, and the design of social support systems.

The influence of economics as an academic discipline (and economists as a profession) is pervasive across policymaking. There is an opportunity to examine and re-evaluate the principles and models that sit behind the dominant economic theories. What is the evidence base that informs these models; are they appropriate for the current global challenges; can they be adapted to be a better fit, and if so, how?

Challenging Economic
Assumptions Podcast
Banner

The 'Challenging Economic Assumptions' Podcast series aims to amplify the discussion on the role of evidence and economic theory and to hear diverse perspectives from a variety of experts and decision makers. The podcast series provides a space for economists; researchers, business leaders, and policy makers to come together to examine economic paradigms; unpack emerging issues; hear diverse perspectives and debate potential impacts and solutions. The podcast series seeks to attract a community of interested followers who will continue to raise questions about the current economic models –generating interest and building a better-informed community.

Six episodes have been released so far:
- Dr. Katherine Trebeck | A New Economic Ecosystem
- Philip Heimberger| Meta-Analysis and Evidence Based Research in the Field of Economics
- Matthias Schmelzer | Degrowth and The History of the Economic Growth Paradigm
- Mohsen Javdani | Ideological Biases within mainstream economics
- Sarah McKinley | Community Wealth Building
- [2025] Nicki Hutley | Evolution of Economic Perspectives within Governments

In 2025 and beyond, more podcasts are planned - check the links for updates.

Podcast - Spotify

Podcast - YouTube

In Conversation Roundtable

The In Conversation: Boundary Spanners, Thinkers and Policy Actors series provides a platform for researchers, policy actors, and implementation experts to:

- Elevate discussion on emerging issues
- Present new and upcoming research
- Facilitate conversation around impacts and possible solutions

Run as online webinars, the sessions bring senior policy makers together with researchers, academics, and implementation experts to discuss high priority topics of shared interest.

The Roundtable discussions are produced into a video that is shared and made accessible to a wider audience. The key messages of each Roundtable are then distilled into a policy brief for publication in a peer-reviewed journal and distributed.

Australian waterways

ICRT 5 - Rural and Remote Health Policy Brief Publication

The fifth In Conversation Roundtable (titled 'The Importance of 'Place' and its influence on rural and remote health and wellbeing') was held on the 12th of October 2023.

Covering the topics and themes explored during the webinar, a policy brief was published in the Australian Journal of Rural Health in June 2024.

ICRT 6 - The Politics of Water Webinar

Held on the 10th of April 2024, the sixth In Conversation Roundtable saw CHiAPRT partner with the International Water Association, Water Research Australia, and Public Health SA Health.

Titled 'The Politics of Water: A Human Rights Perspective', this webinar explored water and its critical role in human and planetary health, and included esteemed speakers such as:

- David Cunliffe, the Principal Water Quality Advisor at Public Health SA Health,

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- Tom Mollenkopf, the President of the International Water Association,
- Sarah Ransom, a General Manager at the Australian Water Partnership, and
- Karen Rouse, the Chief Executive Officer at Water Research Australia (Rapporteur)

Facilitated by Carmel, the speakers discussed topics such as 'Why Water Matters: a brief history of global and local issues', 'Local and Global Solutions', and 'Water issues in the Indo-Pacific: a Human Rights Perspective'.

The policy brief for this webinar is currently under review and is expected to be published in early 2025.

their perspectives:
- Professor Dino Pisaniello, from the Australian Institute of Health and Safety
- Dr Chandnee Ramkissoon, from the University of Adelaide
- Shelley Rowett, from the Mining and Quarrying Occupational Health and Safety Committee
- Kate Cole, from the Australian Institute of Occupational Hygienists
- Associate Professor Sharyn Gaskin, from the University of Adelaide (Rapporteur)

The policy brief is currently being written and will be published in 2025.

ICRT 7 - The Diverse Perspectives, One Solution Webinar

On the 21st of October 2024 CHiAPRT convened the seventh In Conversation Roundtable webinar, titled 'Diverse Perspectives, One Solution: The Journey to Ban Engineered Stone'.

This roundtable discussion spotlighted research-to-policy translation using the Engineered Stone Ban as an exemplar case study. It extracted key lessons that can guide future public policy efforts aimed at fostering positive societal change, with several highly accomplished speakers sharing

Silicosis in engineered stone workers

CHiAPRT Communications

Website

As CHiAPRT transitioned away from being a Flagship Program of Health Translation SA to become an affiliated centre, the expansion and development of an individual website and branding scheme felt timely. Developed by the MangoChutney team, the new website provides a fresh new look and feel, making it easier to connect with CHiAPRT and stay up to date with CHiAPRT's activities, projects, and outputs.

The new CHiAPRT website is now live!

CHiAPRT Website home page

Website   **LinkedIn**   **Newsletter**

LinkedIn   Objective 4   Objective 5

The CHiAPRT LinkedIn account has shown consistent growth since its inception in early February of 2024.

Initially created as a way to stay up-to-date with recent communication trends, the LinkedIn page has now become a mainstay for promoting events and workshops, as well as for staying connected with other organisations or influential individuals. This interaction and connection with external individuals or organisations allows for the easy dissemination of ideas and causes and supports cross-organisational collaboration.

Through consistent posting and engagement, the LinkedIn account has established itself as a meaningful and useful communication and promotional tool for CHiAPRT.

Newsletter   Objective 4   Objective 5

As part of this increased focus on effective communications with key stakeholders, CHiAPRT has developed a newsletter to provide updated information and updates on the Centre's activities.

Distributed quarterly, this newsletter will act as a centralised way for interested parties to see updates about the different projects that CHiAPRT is working on at any given time. Each issue will be distributed and uploaded onto the website for all to see. Check out the first issue!

Publications

International Journal of Environmental Research and Public Health
Published 28 December 2023

Publication

A Scoping Review of Urban Planning Decision Support Tools and Processes That Account for the Health, Environment, and Economic Benefits of Trees and Greenspace

Yonatal Tefera, Veronica Soebarto, Courtney Bishop, John Kandulu, Carmel Williams

Frontiers in Public Health
Objective 1
Published 11 September 2024

Publication

A project co-created with the community to mitigate loneliness in midlife women

Nadia Corsini, Fiona Dorman, Jodie Scott, Amanda Wright, Deborah Turnbull, Carmel Williams, Deborah Bates, Bernadette Reading, Hayley Everuss, Fanke Peng, Rachael Pearse and Marion Eckert

Experiences of research-policy engagement in policy-making processes

Carmel Williams, Tahna Pettman, Ian Goodwin-Smith, Yonatal Tefera, Somayya Hanifie, Katherine Baldock

Public Health Research and Practice

Published 4 April 2024

Publication

Beyond banning: Our digital world must be made safer for young people

Nicholas Carah, Sandro Demaio, Louise Holly, Ilona Kickbusch, Carmel Williams

Health Promotion Journal of Australia

Published 18 December 2024

Publication

Australian Journal of Rural Health

Published 25 June 2024

Publication

The importance of 'place' and its influence on rural and remote health and well-being in Australia

Iain Butterworth, Timmy Duggan, Rodney Greene, Matthew McConnell, James A. Smith, Susanne Tegan, Carmel Williams, Neha Lalchandani, Amy Stearn

Medical Journal of Australia

Published 27 December 2024

Publication

Urban green space provision: the case for policy-based solutions to support human health

Craig Williams, Christie Byrne, Shannon Evenden, Veronica Soebarto, Stefan Caddy-Retalic, Carmel Williams, Yonatal Tefera, Xiaoqi Feng, Andrew Lowe

Digital determinants of health: Futureproofing the health promotion community to navigate societal digital transformation

Yonatal Tefera, Carmel Williams, Ivana Stankov, Ilona Kickbusch

Health Promotion Journal of Australia

Published 27 August 2024

Publication

Resources

Social Determinants of Health Equity

Research to Policy Translation: Strategies

Transforming Public Policy Outcomes

Harnessing Multisectoral Collaboration Through a Health in All Policies Approach

Research to Policy Translation: Common Terminology

The 4 Pillars Model of Health in All Policies

5-Year Strategic Plan Snapshot - Updated

Greenspace

Harnessing The Challenge of Increasing and Protecting Greenspace

From Research to Impact: Delivering practical outcomes through research engagement

A guidebook for ageing well researchers, policymakers, and practitioners